

DEMC Wellness

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Table of Contents

| | | | | | |
|-----------|--------------------------|-----------|-------------------|-----------|------------------------|
| <i>2</i> | <i>Welcome Note</i> | <i>4</i> | <i>About Dew</i> | | |
| <i>6</i> | <i>Dew Platinum</i> | <i>9</i> | <i>Aesthetics</i> | <i>11</i> | <i>Plastic Surgery</i> |
| <i>13</i> | <i>Dental Aesthetics</i> | <i>15</i> | <i>Obesity</i> | | |

Welcome Note



Warmest greetings and welcome to DEMC Specialist Hospital.

*We are proud to announce our new service, the **DEMC Wellness (DEW)**. A choice that immerses you in healthy living and providing healthcare that nourishes your physical, mental and social well-being. Under the direction and supervision of our experienced medical expertise, our team can revitalize and improve your health profile. Our program covers the finest details of arrangements to guarantee you a remarkable experience with **DEW**.*

A handwritten signature in black ink, appearing to read 'Omar', written in a cursive style.

DATO' DR. OMAR ABD. HAMID

About Dew

***DEMC Wellness (DEW)** is a one-stop wellness centre dedicated to promoting and developing healthy lifestyle. **DEW** empowers you to attain a new level of health and wellness with comprehensive range of treatments to suit your needs. **DEW** incorporates five specialties :*

- *DEW Platinum (Wellness Membership Program)*
- *Aesthetics*
- *Plastic Surgery*
- *Dental Aesthetics*
- *Obesity*

We ensure that you achieve fullest potential of your well-being, providing the highest quality of care, delivered with respect, compassion and confidentiality.



'We bring compassion to Life'



Dew Platinum

Identifying health problems is only half of the equation, it's equally important to prevent them from occurring in the first place. That's why we focus on prevention, identifying lifestyle choices that can help you avoid diseases. We recommend meaningful changes for you to incorporate into your life. With the DEW Platinum program, you can be well and stay well for life.

Program Overview

DEW Platinum Program is customized just for you. Depending on your health situation and your needs, services may include the following.

DEW Platinum

| Category | Procedure | MEN | | | WOMEN | | |
|--|-----------------------------------|--------|--------|--------|--------|--------|--------|
| | | Year 1 | Year 2 | Year 3 | Year 1 | Year 2 | Year 3 |
| Physical Examination & Screening | Medical History | • | • | • | • | • | • |
| | Physical Examination | • | • | • | • | • | • |
| | Health Assessment | • | • | • | • | • | • |
| | Blood Pressure | • | • | • | • | • | • |
| | BMI Analysis | • | • | • | • | • | • |
| | | | | | | | |
| Blood Analysis | Full Blood Count | • | • | • | • | • | • |
| | ESR | • | • | • | • | • | • |
| | Fasting Blood Sugar | • | • | • | • | • | • |
| | Renal Function Test (RFT) | • | • | • | • | • | • |
| | Liver Function Test (LFT) | • | • | • | • | • | • |
| | Unit ABO & RH typing | • | • | • | • | • | • |
| | Rheumatoid Arthritis (RA) Factor | • | • | • | • | • | • |
| | HbA1C | • | • | • | • | • | • |
| | Hepatitis B Screening | • | • | • | • | • | • |
| | | | | | | | |
| Heart and Lung Screen & Risk Assessments | Lipid Profile | • | • | • | • | • | • |
| | C-Reactive Protein | • | • | • | • | • | • |
| | Resting ECG | • | • | • | • | • | • |
| | Treadmill ECG/ Stress Test | • | • | • | • | • | • |
| | 2-D Echocardiogram | • | X | X | • | X | X |
| | Lung Function Test | • | • | • | • | • | • |
| Chest X-Ray | • | • | • | • | • | • | |
| | | | | | | | |
| Cancer Screen & Risk Assessments | Thyroid Stimulating Hormone (TSH) | • | • | • | • | • | • |
| | Free Thyroxine (FT4) | • | • | • | • | • | • |
| | AFP (Liver Cancer) | • | • | • | | | |
| | CEA (Colon Cancer) | • | • | • | | | |
| | PSA (Prostate Cancer) | • | X | X | | | |
| | CA125 (Ovary Cancer) | | | | • | • | • |
| | Pap Smear | | | | • | • | • |
| Breast Examination | | | | • | • | • | |
| Mammogram | | | | • | • | • | |
| Colonoscopy | • | X | X | • | X | X | |
| Ultrasound Abdomen & Pelvis | • | X | • | • | X | • | |
| | | | | | | | |
| Other Test | Uric Acid | • | • | • | • | • | • |
| | VDRL & HIV Screening | • | • | • | • | • | • |
| | Urine FEME Analysis | • | • | • | • | • | • |
| | Vision Test | • | • | • | • | • | • |

What's included?

- DEMC **DEW Platinum** Annual Wellness Evaluation for 3 years.
- You will have membership access to DEMC **DEW Platinum** Card.
- After you receive your Annual Wellness Examination and follow-up consultation, additional follow-up consultation is available at special rate.

Dew Platinum Card Privileges

As a DEMC **DEW Platinum** Card holder, you will enjoy the following services and privileges:

- Priority and expedited appointments with the specialists.
- Online appointment request.
- Expedited admission and discharge process.
- Complimentary valet parking.
- Private VIP reception area with internet access, TV and gourmet refreshments.
- Preferred rates at DEMC Specialist Hospital (30% Discounted rates on room if admitted).
- Expedited medication prescription refill request subject to doctor's advice.
- Emergency medical records access.
- All your appointments and referrals will be personally attended by DEW Guest Relations Assistant.



Aesthetics

Our Aesthetic Centre offers a variety of Aesthetic Medicine services and facilities with an exclusive environment which affords both comfort and privacy. This Centre was established to provide the preventative and renewal treatments which are prescribed and guided by our aesthetic physician from immediate skin renewal treatments to non-surgical beauty lifts.

Botox Injection

Botox treatments can give the face a younger, revitalized appearance and proven to be safe and effective. This injection is best to smoothen wrinkles, reshape eyebrows and eyes as well as facial sculpting. You can notice an improvement in your frown lines within 3 to 7 days.

Fillers

Injectable fillers can help fill lines and creases, creating a smoother, more youthful-looking appearance. When injected beneath the skin, fillers plump up creased and sunken areas of the face. The most popular areas treated in the face with the injectable fillers are the nose-mouth lines, lips and the 'smokers-lines' above the lip.

Autologous Platelet Rich Plasma (PRP)

PRP therapy is a new form of regenerative medicine that utilises your own blood, where the platelet rich plasma component is extracted, concentrated and reintroduced to rejuvenate the skin. It promotes tissue repair, capillary formation and collagen production. This treatment is associated with no risk of allergy or infections as we are essentially using your own byproduct. PRP is effective particularly for fine wrinkles, acne scars, saggy skin, eye bags, and neck wrinkle.

Lasers

Lasers have revolutionized greatly for cosmetic treatments. Our Centre has an array of lasers to cater to a wide spectrum of skin conditions and imperfections. It is not painful, safe and many describe it as a tingling sensation with very little risk of complications. Services and treatment offered:

- Skin rejuvenation
- Refining pores
- Non-surgical facelift
- Removal of hair/ fine hair
- Removal of skin tags and moles
- Removal of surgery scar, acne scar, burn scar
- Removal of pigmented blemishes/ lesions
- Removal of birthmark
- Removal of tattoo

Electrophoresis

Electrophoresis system maximizes the solution infiltration to skin without needle. It helps deepen the penetration of drugs effectively. The system is useful for laser post care, vitamin C care and infusion of stemcell solution.

Micro Needling

Micro needling is effectively used as cell restoration system with a function of natural injury recovery, inducement of generation of collagen without damaging skin and new formation of the skin.

Diamond-Peel Microdermabrasion

It is a safe, non-invasive skin resurfacing procedure that deeply polishes and stimulates the skin using densely packed laser-cut diamonds to remove dead skin cells. It also promotes the growth of healthy, new cells for a smoother, more radiant and flawless complexion.



Plastic Surgery

Our Plastic Surgery Centre has a range of plastic and reconstructive services available, providing our guests with specialised care and treatment solutions. Whether you want a dramatic change or to simply fine-tune your image, our qualified and reputable doctor is here to help you achieve your vision of beauty with natural results.

- Double Eyelid Surgery
- Eyebag Surgery
- Rhinoplasty (Nose Job)
- Facelift
- Ear Setback
- Breast Enlargement
- Breast Lift
- Breast Reduction
- Liposuction
- Abdominoplasty (Tummy Tuck)
- Labioplasty (Vaginal Lip Reduction)





Dental Aesthetics

Our Dental Centre provides an extensive range of services from routine tooth cleaning to complete makeovers. We ensure that a visit to our doctor will give you a stunning healthy smile and improved your appearance, without the pain and fear usually associated with traditional dental and cosmetic treatment.

Implant

A dental implant provides a firm and solid foundation that replaces your tooth roots just like the original. It is a long-term solution to replacing missing teeth. They look, feel and function like natural teeth.

Crown/ Bridge

Crowns and bridges are cemented onto existing teeth or implants to entirely cover or "cap" a damaged tooth. Besides strengthening it, a crown can be used to improve its appearance, shape or alignment. Bridges are commonly used to replace one or more missing teeth.

Veneers

A veneer is a thin layer of restorative material placed over a tooth surface, either to improve the aesthetics of a tooth, or to protect a damaged tooth surface. These shells are bonded to the front of the teeth changing their color, shape, size, or length.





Teeth Whitening

As a person ages the adult teeth often become darker due to changes in the mineral structure of the tooth. Teeth can also become stained by bacterial pigments, foodstuffs and tobacco. This procedure is also known as “Dental Bleaching”.

Root Canal Therapy

An infection in the root canal often causes bone loss in the area near the root. In most cases, removing the infection from the root canal space allows the surrounding bone tissue to regenerate.

Paedodontics

Our Dental Centre also deals with the care and treatment of children's dentistry

Oral Maxillofacial Surgery

This corrects a wide spectrum of diseases, injuries and defects in the head, neck, face, jaws and the hard and soft tissues of the oral and maxillofacial region.

Halitosis

Also known as “Bad Breath” is caused by mouth bacteria invading coatings or biofilms that build up on the tongue, teeth, gum and throat surfaces. Once the bacteria enter these coatings, they break down the proteins within to produce the horrible smells.

Our Dental Centre uses the essential treatment, the KForce Breath Guard Fresh Breath System, which is the world's first probiotic solution to fight halitosis.

Obesity

Obesity is a serious disease affecting people all over the world. It is associated with cardiovascular disease, hypertension, diabetes, dyslipidaemia and arthritis that can be improved with sufficient weight loss. Diet and weight loss programs have not provided successful weight loss or long term results. If you've been thinking about weight loss surgery as a tool of losing weight and maintaining your ongoing health goals, the options are now available here.



Gastric Ballooning

This is a non-surgical, non-pharmaceutical aid in the treatment of obesity. A soft silicone gastric balloon is inserted into the stomach. When you eat, this balloon reduces the amount of food the stomach can hold and causes you to fill full faster. The balloon can be left in the stomach for up to 6 months. You only need a BMI of 27 or above to undergo the gastric balloon procedure. As a result, it is a weight loss option for lighter individuals who may not be candidates for other forms of surgery.

Laparoscopic Gastric Banding

This procedure is a simple yet advanced system that helps you gradually lose and control your weight by reducing the amount of food that your stomach can hold at one time. It is a minimally invasive surgical technique. The gastric band will be locked around the stomach. This procedure usually results in a shorter hospital stay, faster recovery, smaller scars, and less pain than open surgical procedures.

Laparoscopic Sleeve Gastrectomy

Sleeve gastrectomy is a surgical weight-loss procedure in which the stomach is permanently reduced by surgical removal of a large portion of the stomach. It is suitable for most morbidly obese, high-risk and smaller-sized patients.

Laparoscopic Gastric Bypass

Gastric bypass procedure is a procedure where your stomach is stapled to create a small pouch and a passage for food to go bypass a section of your small intestine. It is indicated for the surgical treatment of morbid obesity, generally used for people who have a body mass index greater than 50. Patient who is suffering from co-morbid conditions which are either life-threatening or a serious impairment to the quality of life also is indicated for this treatment.

